

THE ELEMENTARY Operatic Syllabus

An Official List of the Exercises and the Steps with which every Teacher of Elementary Operatic Dancing should be acquainted.

This list was prepared and approved of by the Committee appointed to initiate the movement for the founding of an English Association of Teachers of Operatic Dancing: Mesdames ADELINÉ GENÉE, TAMAR KARSAVINA, LUCIA CORMANI, PHYLLIS BEDELLS, and Mr. ESPINOSA.

Positions.

Five positions in which the weight of the body is evenly distributed on both feet.

The fourth position may be *ouverte* or *croisée*.

Exercises: Side Practice.

Pliés, grand battements, battements tendus, battements en rond, ronds-de-jambe à terre, assemblés soutenus, battements frappés and battements sur le cou-de-pied, ronds-de-jambe en l'air, développés, fouetté ronds-de-jambe en tournant, and exercises on the demie pointe.

Arms.

First, second, third, fourth, and fifth position.

Centre Practice.

Same as Side Practice with alternate feet and the use of both arms.

Adage.

Dégagés, chassés, coupés, posés, attitudes, arabesques, detournés, fouettés, relevés, rotations, assemblés soutenus en tournant, preparations for pirouettes, pirouettes sur le cou-de-pied, exercises on the demie point and ports de bras.

Steps.

Pas marchés, glissades (devant, derrière, dessous, dessus, en avant, en arrière), assemblés (as glissades), jetés, échappés, ballonés, temps levées, pas de basque, pas de chat, pas de cheval, fouetté movements and fouettés, pas de bourrée, emboités, deboités, temps de flèche, temps de cuisse and elementary temps de pointes.

Simple Steps of Elevation.

Changements, soubresauts and sissones.

Petite Batterie.

Simple royale and entrechat quatre.