

# ROYAL ACADEMY OF DANCE

## Primary in Dance music choice form

*If you have entered multiple sets of the same level but which have different music requirements, please submit a new form for each set.*

Applicant (teacher) name:

School name:

Exam date and time:

Music format choice:

Recorded music  Pianist

Mixture: recorded music for dances but pianist for exercises

Exercise	Music choice	
	Indicate <b>solo</b> or <b>continuous</b> music (where applicable) Tick A or B for exercises, and *select ONE dance (numbers refer to track on CD)	
Warm-up	<input type="checkbox"/> 26	<input type="checkbox"/> 27
Legs and feet	<input type="checkbox"/> 28	<input type="checkbox"/> 29
Arms and head	<input type="checkbox"/> 30	<input type="checkbox"/> 31
Bend and run	<input type="checkbox"/> 32	<input type="checkbox"/> 33
Bend and point	<input type="checkbox"/> 34	<input type="checkbox"/> 35
Transfer of weight	<input type="checkbox"/> 36	<input type="checkbox"/> 37
Marches	<input type="checkbox"/> 38	<input type="checkbox"/> 39
Jumps	<input type="checkbox"/> 40 (solo), <input type="checkbox"/> 41 (cont)	<input type="checkbox"/> 42 (solo), <input type="checkbox"/> 43 (cont)
Springs	<input type="checkbox"/> 44 (solo), <input type="checkbox"/> 45 (cont)	<input type="checkbox"/> 46 (solo), <input type="checkbox"/> 47 (cont)
Hops, jumps, springs	<input type="checkbox"/> 48	<input type="checkbox"/> 49
Galops and skips	<input type="checkbox"/> 50 (solo), <input type="checkbox"/> 51 (cont)	<input type="checkbox"/> 52 (solo), <input type="checkbox"/> 53 (cont)
Run and leap	<input type="checkbox"/> 54	<input type="checkbox"/> 55
Bouncing-ball dance (Dance A)*	<input type="checkbox"/> 56	
Dressing up dance (Dance B)*	<input type="checkbox"/> 57	
Cool-down	<input type="checkbox"/> 58	

*\* Indicate which dance will be performed*